RE:ALISATION

Am I 'good enough'?

Have you ever asked yourself that question??

What was the answer???

What does 'good enough' even mean and whose standard are we using?

Can we ever be 'good enough'? Why / why not?

When you read through the story of creation, the most common description of it all was that God saw that it was _____. (Genesis 1)
But on the day that He created humans, He saw that it was _____! (Genesis 1:31)
But let's jump back to Genesis 1:27. What does it say? (write it down)

_____

? What does it mean to you that we were created in God's image AND that He saw it to be VERY good?

? What does it mean to be good in this world as it has become? (Romans 3:23, 5:8, 6:23)

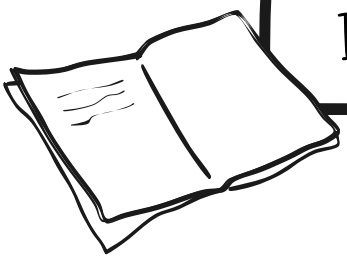
? Does good enough mean perfect?
Try and write a definition for what YOU mean by 'good enough'.

_____

_____

When I was in kindergarten, we had a school carnival and it was my turn to run the 100m race. I ran as best as I could and came a valiant last place and got a ribbon that said 'I ran in a race!'.

I was the very last runner...does that mean what I did wasn't good enough?



? So, what is the scale we should use and what are we measuring really?

? What are your thoughts on the 2 opinions below?

'It's good enough.'

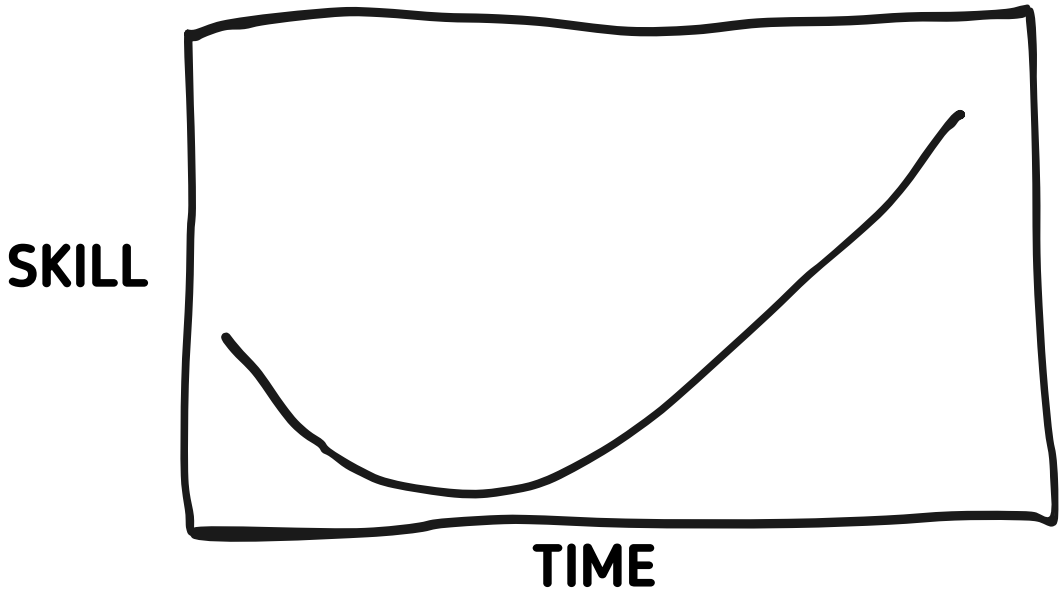
versus

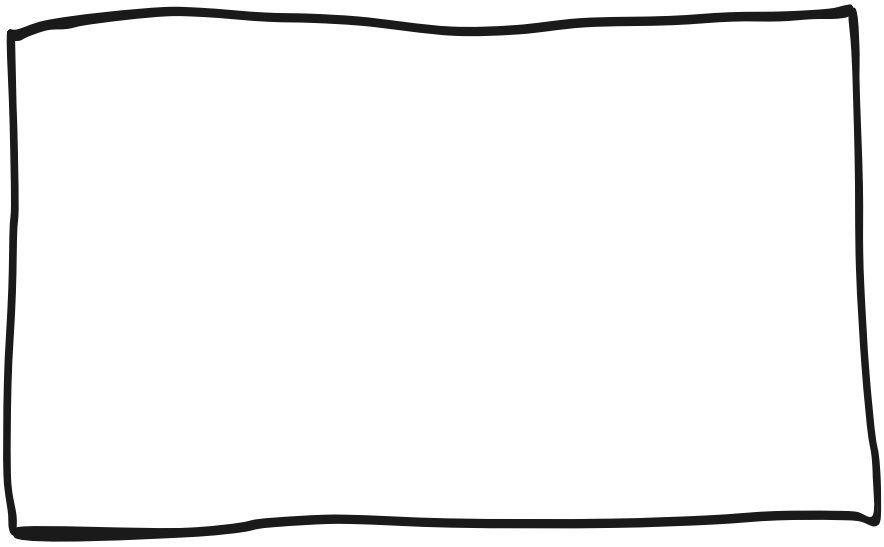
'I did my best and it isn't the BEST EVER result, but my effort was the best.'

THE J CURVE

Have you ever heard of the J curve?
Basically, it is what a graph would look like if you were to plot the success of learning something. It actually looks like the Nike logo too and their slogan fits quite well with the concept – Just do it!

The J curve shows that when you learn a new skill for example, that your performance can go down before it goes up. I already know how to kick a soccer ball, but if I took time and effort to learn a proper technique, my performance may actually decrease in the **re:**learning stage, before it got better and after some time (and practice) it ended higher than what it was before. We have to 'just do it'!





What is an example of something you have experienced in life that was a J curve experience?

Explain what happened, what you learnt, and draw it here including a timeframe.

? What would it **re:**quire to be 'good enough' for God?

List some Bible characters who didn't think they were 'good enough', until God stepped in to remind them that He was with them.

_____

_____

Read **Romans 3:21-26** and fill in the blanks for **V23**.

'for _____ have _____ and fall _____ of the _____ of God'

? What helps you when you don't feel sufficient?

Read **Romans 5:1-11** and fill in the blanks for **V8**.

'But God _____ His own _____ _____ us in this; while we were _____ _____, Christ _____ _____ us.'

? How does it make you feel that us being saved, is not based on US and OUR goodness...but rather on God and HIS goodness?

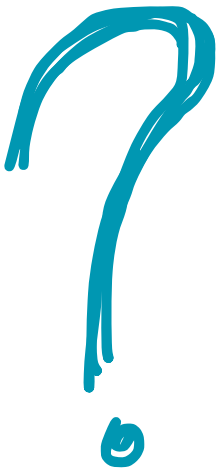
Read **Romans 6:20-23** and fill in the blanks for **V23**.

'For the _____ of _____ is _____, but the _____ of God is _____ _____ in Christ Jesus our _____.'

Read **John 1:11-13** and fill in the blanks for **V12**.

'Yet to _____ who _____ _____ him, to those who _____ in his _____, He gave the _____ to _____ _____ of God.'

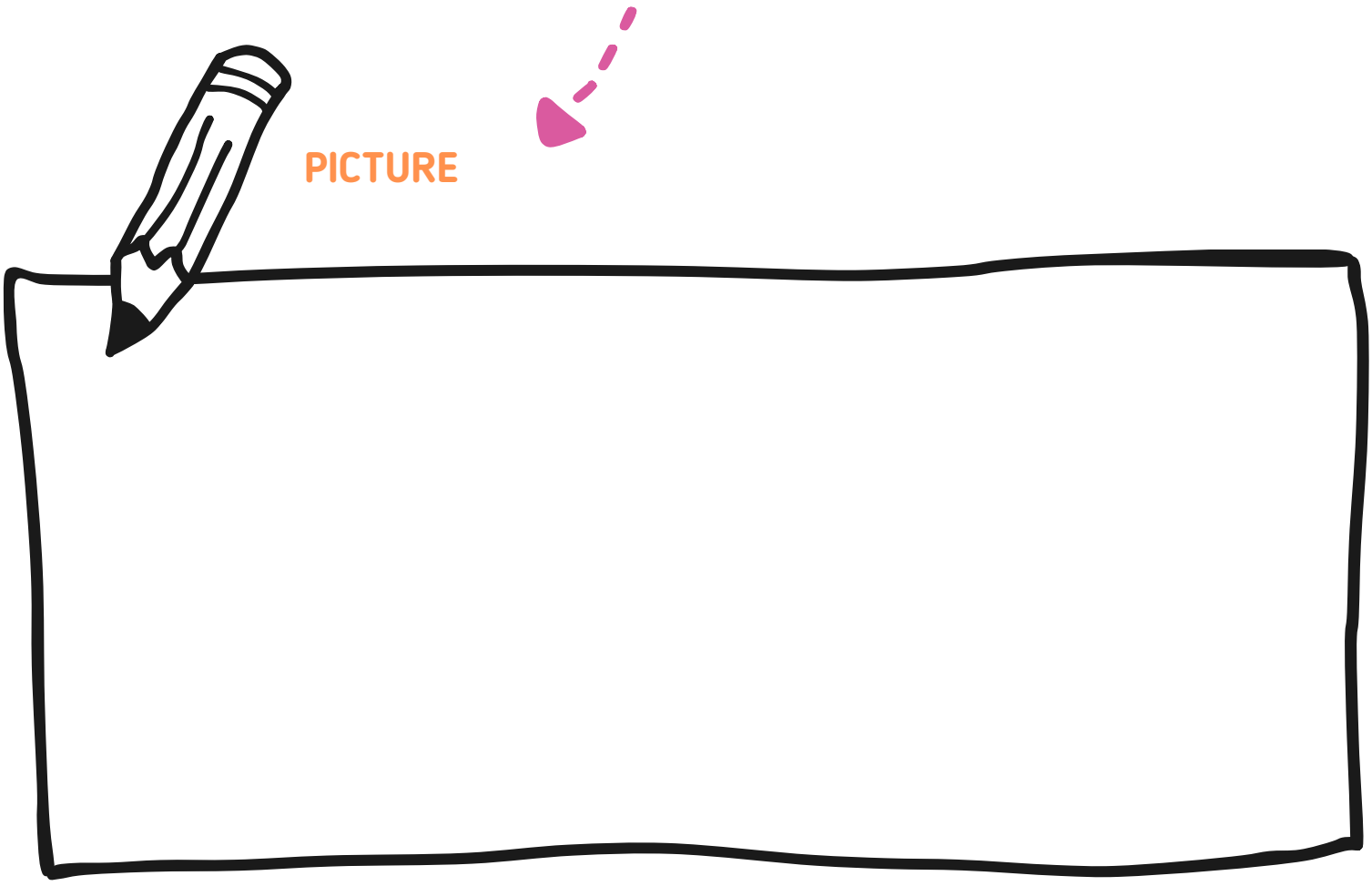
? When you get a gift, you have the option to accept it, open it and use it. These are all actions and choices.
Here, we read that we can choose to accept God's gift of the **OPPORTUNITY** of eternal life.



? Would you like to accept and open this gift and what actions could you take to use it?

? What do you think about the following statement?
Do you agree or disagree and how does this apply to your life?

"You can't just believe in God with no actions because to believe in God is to try to be like Him."



Draw something to represent your thoughts and feelings after this moment together. Or, if you are not thrilled about drawing, go back through today's gathering and use a colour or symbol, underline or circle the words that stood out to you.
Is there a theme in what you noticed?

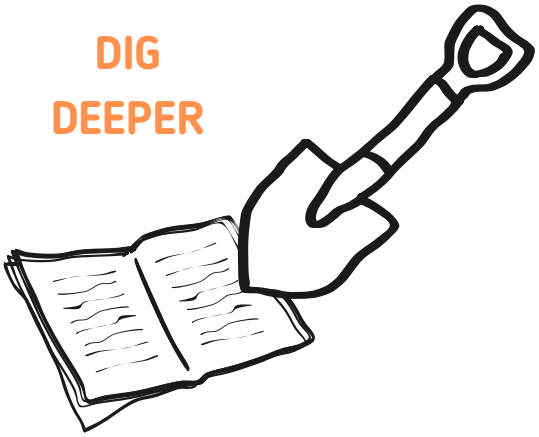
SONG

Belovedness - *Sarah Kroger*

QUOTE

"You aren't going to be perfect at everything, but your attitude and your approach can make everything 'good enough'.
God looks at the heart."
- *Anonymous*

DIG DEEPER



Extra verses to extend the exploration!

- Ephesians 2:1-10 (especially V8-10)
- 2 Corinthians 12:9-10
- 1 Peter 2:9-10

PONDER

- Who in your life do you want to make sure has the **re:**alisation that they are 'good enough' and how will you tell them?
- What is something about God's love for you that you would like to understand better?

WORD

Summarise this time together in 1 word or sentence.
*What is something you want to **re:**member?*

Use this word now in a short prayer between you and God.

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